

## **Donate today!**

One World Running is an all-volunteer, Colorado non-profit organization with federal 501-c-3 tax-exempt status. Any donated funds go directly to shipping.

Each \$195 raised is sufficient to send roughly 50 pairs of shoes to sub-Saharan Africa (or double that amount of shoes to Haiti and Central America). The One World Running community numbers in the thousands. Please join us in our work.

## Thank you.





Shoes and other athletic gear can be sent to:

One World Running PO Box 2223 Boulder, CO 80306

or One World Running c/o Boulder Storage 6439 E. Arapahoe Rd. Boulder, Coloado 80303

For more information call 720.304.2878 or 303.545.6147

## email:

Ana Weir: oneworldrunning@gmail.com Sandrock@BoulderRunning.com



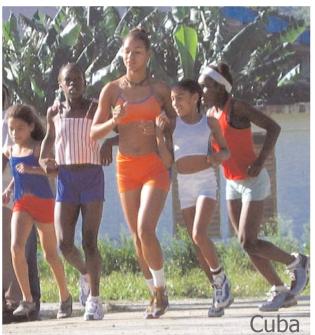




Serving needy runners around the world since 1986

www.oneworldrunning.com





Since 1986, a group of runners in Boulder, Colorado, has collected, washed and sent to developing countries athletic shoes, along with T-shirts, shorts, medicine and school supplies. Originally called Shoes for Africa, the group formed after sports journalist Michael Sandrock returned from a coaching and racing trip in Cameroon, West Africa, sponsored by the U.S. Information Agency. Many of the runners from Cameroon ran barefoot (and were still able to beat Sandrock). Afterwards, several Boulder elite runners including Lorraine Moller, Steve Jones and Arturo Barrios began shipping shoes to West Africa. The project has grown since then under the directorship of Ana Weir, an ER nurse, who was named a 2005 Hero of Running by Runner's

**World Magazine**. In an effort to promote its goal of bringing people closer together through running and promoting a healthy lifestyle, One World Running puts on run/walks in several countries in conjuction with the shoe distribution. Many sports shoes including soccer cleats, as well as baseball and other athletic equipment are now collected and sent in from around the United States.

A portion of our shoes are also donated to shelters, churches and Native American reservations in the U.S. Some shoes are new; others are "near-new." Those that are worn out and not suitable for use are sent to Nike through Boulder's Eco-Cycle, to be ground up and made into running tracks and playgrounds through the Reuse-a-Shoe program.

